



Transition to Wellness

An Educational Series on Positive Aging for Consumers and Professionals

1.0 free CEU per program for nurses and social workers.

Lieberman Center for Health and Rehabilitation

9700 Gross Point Road • Skokie IL

The Joy of Eating Can Return with Therapy

Wednesday, September 11, 2019

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Caroline Hourihan, BS, MS

Lieberman Center for Health and Rehabilitation

Mindfulness in Both Your Professional Role and in Your Self-Care

Wednesday, September 25, 2019

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Trisha Abbey, LCSW

In-Home Counseling



Weinberg Community for Senior Living

1551 Lake Cook Road • Deerfield IL

Bullying of Seniors: Awareness and Prevention

Thursday, September 12, 2019

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Joyce Marter, LCPC

Joyce Marter Enterprises, Inc.

The Elephant in the Room: Addressing Memory Changes

Thursday, September 26, 2019

5 pm Registration • 5:30–6:30 pm Presentation & Light Dinner

Danielle Dodson, MSW, LCSW

Advocate Memory Center

Advanced Registration Required

Lecia Szuberla at 847.462.0885 or events@elderwerks.com