

TRANSITIONS TO WELLNESS

A Free Webinar Presentation



THE PANDEMIC WITHIN THE PANDEMIC: OVERCOMING SOCIAL ISOLATION IN THE TIME OF COVID 19

Prior to COVID 19 a silent epidemic was already raging: social isolation among the elderly. The pandemic has now greatly exacerbated the impact of isolation and loneliness on the physical and emotional well-being of older adults. This program will familiarize participants with these risk factors and impacts and offer practical resources as well clinical strategies to address them.

Presented by Sharon Dornberg-Lee, CJE SeniorLife

Sharon Dornberg-Lee, LCSW, is a Clinical Supervisor at CJE SeniorLife where she has worked for over 20 years. In addition to providing psychotherapy services for older adults, Sharon provides clinical supervision for staff in a variety of programs at CJE; coordinates support and therapy groups across the agency; coordinates field instruction for social work students; and chairs the agency Professional Development Committee for ongoing training of clinical staff.

Wednesday, September 23rd

1:30 PM to 2:30 PM ~ Webinar Presentation

~ All are welcome, registration is required ~

To register, please email Events@Elderwerks.org or call 847-462-0885

Webinar access information will be emailed after registration and prior to the date of the event.

This program awards **1.0 CE CREDIT** to Illinois nurses, professional counselors, social workers, and nursing home administrators.

