

LAUGHTER THE BEST MEDICINE

A WEBINAR PRESENTATION



Presented by **Chris Petrik, RN, BS, CDP, CADDCT, Training Specialist**
Elderwerks Educational Services

Join us for an interesting discussion on how Laughter is the Best Medicine. Chris will explain the differences between laughter and humor; the psychological and physical benefits of laughter; and provides examples of laughter exercise and therapy.

TUESDAY, AUGUST 18
10:00 AM to 11:00 AM ~ Webinar Presentation

Please join us for this fun webinar presentation!

There is no fee to attend, though registration is required.

Reservations are required.

Elderwerks

TO RSVP:

847-462-0885

Events@Elderwerks.org

Webinar access information will be emailed prior to the date of the event.

www.Elderwerks.org

