



## Free Nutrition & Healthy Living Class

**Monday, February 22<sup>nd</sup> 9-10 am or 6-7 pm**

- Unit Pricing & Other Shopping Strategies

**Monday, March 22<sup>nd</sup> 9-10 am or 6-7 pm**

- Saving Money on Food Away From Home

Receive a special meal box after each class attended. Those who attend both classes will be entered into a raffle for a small gift from West Suburban Community pantry.



To Register or for more information, contact: Nina Cross at 630-412-0702 or [ncross@wscpantry.org](mailto:ncross@wscpantry.org)

If you need reasonable accommodations to participate in this program, please contact: Cindy Glavin at [cglavin@illinois.edu](mailto:cglavin@illinois.edu)

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