



CHOICES AS LIFE CHANGES

Presented by **Carol Raso**

Community Resource Consultant

Elderwerks Educational Services

Sunday, November 3, 2019

1:45pm – 2:00pm – Sign-in

2:00pm – 3:30pm – Presentation & Questions/Answers

Refreshments will be served

Join Carol for an informative and engaging discussion as we face the aging process. Carol will share her professional and personal knowledge. Her experience as a wife, adult child and caregiver navigating loved ones with chronic illnesses and dementia bring another perspective to addressing the ongoing challenges of aging.

- Timing for change
 - Caregiving and coping
 - Care options
 - Affordability
 - Positives vs. negatives
 - Housing options
- ... and more!



**ST. HUBERT CHURCH PARISH
MINISTRY CENTER**

(The two-story building next to the church)
**729 GRAND CANYON ST.
HOFFMAN ESTATES, IL 60169**

For additional information, please call **847-885-7700 ext. 101**
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