



Elderwerks October Food Drive



Elderwerks celebrated our 10-year anniversary on September 1st and in celebration, we are hosting community events throughout the next 10 months to support our local older adults and seniors.

In October, we are organizing a food drive to help restock essentials at community food pantries.

According to “The Facts Behind Senior Hunger” Published July 18, 2022:

- Nearly 1 in every 6 seniors in America faces the threat of hunger and not being properly nourished.
- The issue is severe enough that AARP reports that seniors face a healthcare bill of more than \$130 billion every year due to medical issues stemming from senior hunger.

In 2014, the National Foundation to End Senior Hunger (NFESH) reported the following facts:

- 16% of seniors “face the threat of hunger,” meaning they are at some level of food insecurity.
- 65% increase in hunger among the senior populations from 2007 to 2014, which is credited partially to the economic recession that started in 2007.

We live in the land of plenty, with an abundance of nutritious food. We also live in a land where there is poverty, hunger, and limited access to nutritious food. We live in a land where we throw away almost 40% of the food we have and yet millions of seniors are at some level of food insecurity. **Together we can make a difference.**

251 E. Northwest Highway | Palatine, IL 60067
847-462-0885 | Fax: 847-639-9250 | Elderwerks.org

Advocacy

Senior Living Coordination

Education



How Chambers can help:

- Place a collection box in the main office of the Chamber.
- Set up & promote a collection at selected October meetings or events
- Find out if chamber members would like to be a drop off location
- Let Chamber members know about our food drive in newsletters
- Visit our Amazon Wishlist and have your donation sent directly to our office:
https://www.amazon.com/hz/wishlist/ls/3V4TO3ABHVEWB?ref_=wl_share
- When the bins fill up, please notify Elderwerks and an Elderwerks team member or volunteer will pick up donated food. Our last pick up will be November 4, 2022. Anyone wishing to drop off non-perishable food at the Elderwerks Center located at 251 E. Northwest Highway, Palatine.
- Raffle: All Amazon Wishlist items received will qualify for a raffle entry. Winner will be chosen and notified November 1st.
- Please make all donations by October 31st
- Please call (847) 462-0885 or email Help@Elderwerks.org with any questions.

List of items needed:

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| • Spaghetti Sauce | • Stuffing Mix | • Instant Potatoes |
| • Pasta: Rigatoni, Angel Hair, Penne, Spaghetti Noodles, Rice Noodles, Pad Thai Noodles, Ziti | • Soups: Beef Vegetable Soup, Beef Barley Soup, Steak and Potato Soup, Vegetable Soup | • Condiments: Salad Dressing, Mayo, Hot Sauce, Mustard |
| • Canned Vegetables: Peas, Creamed Corn, Corn, Carrots | • Dried Beans: Black Beans, Pinto Beans, Kidney Beans | • Crackers/Chips in Individual Bags for Lunches |
| • Vegetable Oil | • Granola Bars | • Peanut butter |
| • Hamburger Helper & Mac and Cheese | • Pancake Mix | • Gluten free food |

We hope that you will join us in our fight against hunger.

Sincerely,

Jennifer Prell and the Elderwerks Team
855-462-0100

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